

Which Foods Yield Variable Plant DNA?

Very Reliable	Reliable	Less Reliable	Very Difficult / Not Possible
Fresh corn	Veggie sausages	Veggie burgers	Oil
Fresh papaya	Tortilla chips	Fried corn snacks	Salad dressing
Corn bread mix	Flavored tortilla chips	Popcorn	Cereal (eg cornflakes)
Corn meal	Puffed corn snacks	Fries	Wheat flour
Soy flour	Meatballs and burgers containing soy protein	Potato chips	
	Soy-based protein drinks/powders		